

Raymond Terrace Athletics Centre

Newsletter 12 17 January, 2026

www.raymondterraceathletics.com.au

Cancellation on RTAC facebook page

WELCOME BACK FOR PART 2 OF THE 2025 / 2026 SEASON

We hope the Christmas break was an enjoyable change of pace

TODAY IS PROGRAM 6

NSW COUNTRY CHAMPIONSHIPS THIS WEEKEND

We have several athletes competing at Dubbo this weekend at the Country Championships in challenging over 30 degree temperatures. We wish them well.

COUNTRY RESULTS SO FAR

Some of our athletes have already excelled in events yesterday. Congratulations to:

9's Georges Catteau – 4th SP

13's Asher MacDonald – 3rd LJ, 5th 400m,

14's Audrey Russell – 2nd 3000m Open Race Walk

U20 – Ashlyn Wall – 1st 400m

ONLINE REGISTRATION OPEN FOR MELINDA GAINSFORD-TAYLOR'S EXPLOSIVE SPEED CLINIC

We are excited for our athletes to have the opportunity to be part of this coaching clinic on Sunday 8 February from 9:30 to 12. Cost is \$77 with just 45 spots available. Once we finish this morning's competition, we will open the clinic to other Centres. The flyer and QR code are on our noticeboard and facebook page.

16's TO U20 DIRECT ENTRIES TO REGION CHAMPIONSHIPS CLOSE ON 23 JANUARY

CHRISTMAS RAFFLE

Thank you to everyone who supported this fundraiser that raised \$290. The Lodge family were the lucky winners of the 1st prize \$216 voucher -Treetops Adventure. Congratulations to all of the prize winners.

OUR FINAL CENTRE MEET IS 7 MARCH

At our meeting on Tuesday night we discussed the remaining events on the athletics calendar that impact our decision on our end of season and Presentation dates. Once again we have 3 consecutive weekends of State Championships in March that involve our athletes and officials, followed by Easter, school holidays and the ANZAC Day holiday weekend. Consequently, we will finish the weekend before the start of the 3 State Championships. Presentation will be the Sunday following the ANZAC Day long weekend.

UPCOMING EVENTS

Sat 24 Jan	Centre Meet	
Sat 31 Jan	Centre Meet	
Sat 7 Feb	Round 2 Centre Championships	
Sun 8 Feb	Explosive Speed Clinic for 7's to 16's	9:30-12:00
Fri 13 – Sun 15 Feb	Region Championships	Maitland Regional Athletics Centre
Sat 14 Feb	Centre Meet	
Sat 21 Feb	Centre Meet / Alternate date Round 2 Centre Championships	
Sat 28 Feb	Centre Meet	
Sat 7 Mar	Final RTAC Meet for 2025 / 2026	
Thu12 – Sun 15 Mar	NSW Junior Championships	SOPAC
Thu19 – Sun 22 Mar	NSW Open Championships	SOPAC
Sat 21 – Sun 22 Mar	NSW LA State Championships	SOPAC
Sun 3 May	RTAC Presentation 4pm to 6 pm	RT Bowling Club

Sat 31 October **RTAC 50th Anniversary Dinner Celebration – RT Bowling Club**